

PROFESSIONAL TEETH CLEANING

Getting your teeth professionally cleaned means the removal of hard and soft plaque as well as polishing. Additionally, hygienic activities can be undertaken depending on the circumstances:

Establish current dental hygiene through plaque indicating colouring. With this as a basis, we can suggest an improved hygiene regime. Additionally we can explain and demonstrate the necessary aids pertinent to each case.

Clean hard to reach areas such as fissures and interdental gaps, smoothing raw and sharp tooth surfaces or fillings as well as removal of discolouration by using the AIRFLOW system. AIRFLOW is a system that uses a mixture of air, sodium and bicarbonate combined with a water jet to thoroughly clean and rejuvenate teeth especially in areas that are normally not reachable or in hard to reach places.

Smoothing of raw white or normal fillings.

Smoothing or reshaping of interdental gaps especially closely spaced front teeth, using diamond tipped or polishing strips.

Removal of concretions as well as smoothing and shaping of visible roots. This procedure takes place in the upper region of the gum and can be completed using hand instruments, specially developed rotating heads, fine diamond tipped files and a piezoelectric ultrasound machine. The latter also serves to cleanse and rinse the gums with a disinfectant solution. Harder to reach concretions are not necessarily reached with this process.

Medicinal treatment of gums.

Tooth fluorisation.

Professional hygiene treatments and cleansing is an integral part of advanced dentistry and is the basis for regeneration and maintaining oral hygiene and dental health. As such it is essential to the success of all types of treatments.